

Airway	
NPA- nasal pharyngeal airway	Adjunct
OPA- Oral Pharyngeal airway	Adjunct
Head tilt chin lift (non traumatic)	Opening airway
Jaw thrust (Trauma)	Opening airway
Lung sounds	Wheezing- Bronchoconstriction
	Crackles- fluid or mucous

Breathing	
Ventilation	Oxygenation
- Equal chest rise and fall	BVM- 15lpm
- Breath every 5-6 (adult)	CPAP- 10lpm
PEEP- positive end expiratory pressure	Nasal canula- up to 6lpm
5 dry 10 wet	NRB- 10-15 lpm

Circulation continued	
BP-	120/80
HR	60-100
RR	12-18
BG	80-100
BP below 80 systolic will not have a radial pulse	
Brady- low	
Tachy- high	
Hypo-low	
Hyper-high	

Circulation (CPR)	
ADULT- 30:2	PED- single 30:2 double 15:2
100 bpm (another one bites the dust)	2 fingers (single) 2 hand encircling (double)
CLEAR BEFORE SHOCKING	CLEAR BEFORE SHOCKING
Compress while charging	Compress while charging
2 minute cycles	2 minute cycles
Pulse check	Pulse check

